



SHELL 5Km Run, Jog or Walk
Sunday 11th September 2011, 11.30 am

Name

Address

..... Postcode

e mail

male female d.o.b. - .../.../..... Age on day of run

Club

Scottish Athletics/Jogscotland no

Entry Fees

Shell 5Km £6.00 – Scottish Athletics members/ Jogscotland Members
 non members £7.00

In entering I declare that I am medically fit to run. I further accept that I enter at my own risk to myself and my belongings.

Signed

Date

Cheque for entry should be made payable to

Starlight Parade

for the appropriate amount and sent to ;(*Acknowledgement by e-mail or post if no e mail address supplied, if so please enclose S.A.E.*)

Roselyn Bruce 19 Coplandhill Crescent Peterhead Aberdeenshire AB42 1GW

Further details – sbruce61@talktalk.net

We are grateful to all to our sponsors Shell, for making this event possible



All Proceeds from this event will go to Scottish Spina Bifida Association

